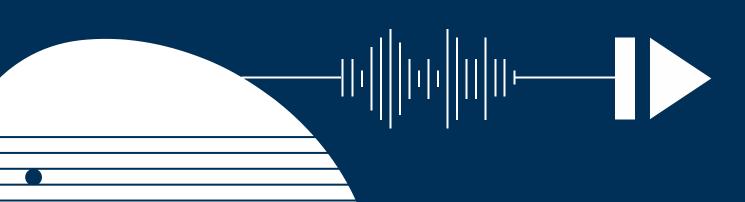


## EXTRA CURRICULAR ACTIVITIES

2025-2026







#### EXTRA CURRICULAR ACTIVITY SCHEDULES

- Early Years
- <u>Primary</u>
- <u>Secondary</u>
- Adults



#### **SPORTS**

Football, basketball, skating, taekwondo, judo, rhythmic gymnastics, volleyball, mindfulness, HLIS Sport Academy for kids, yoga, workout barre.

3

#### **PERFORMING ARTS**

<u>Ballet</u>, <u>urban dance</u>, <u>contemporary dance</u>, <u>body expression – dance</u>, adult classical dance.

4

#### **ARTS**

Comic corner, anime.

5

#### **STEAM**

**Robotics** 

6

#### **MUSIC**

Individual or Group Music Lessons

7

#### **KUMON**

Academic support

#### **KEY INFORMATION**

#### **TERMS AND CONDITIONS:**

- Extra curricular activities will take place from September 15, 2025, to June 18, 2026.
- Enrolment and sign up will be open during the first month of each term. Outside this period, new admissions will only be accepted at the beginning of the following term.
- Enrolment must be completed via the registration form, which will be available during the specified dates.
- Registration can be done annually or by term.
- Changes of activity are allowed after the term has started; however, no refunds will be issued
  for fee differences.
- For Ballet, Dance, Rhythmic Gymnastics, or Skating, no new admissions will be accepted at the beginning of the third term.
- To attend Ballet, Taekwondo, and Rhythmic Gymnastics, students must purchase the specific
  uniform at the school store. Judo will also require its uniform, and all HLIS Sports Academy
  sports will require their designated uniform. Other items will not be accepted.
- All extra curricular activities will follow the school calendar (there will be no activities during school holidays).
- Payment for extra curricular activities is made on a termly basis (November, February, and May). Once the term has started, fees are non-refundable if your child withdraws.
- Activities will continue during cultural trips, and camp week.
- Students are entitled to one free trial day for each activity.
- Please ensure that students bring the appropriate clothing and equipment for their activity.
- On rainy days, outdoor activities will be moved to covered areas.
- Music classes will only be rescheduled in the event of teacher absence.
- Students enrolled in Dance, Rhythmic Gymnastics, or Skating will participate in the end-ofyear festival. Attendance at the dress rehearsal is mandatory, and participation involves a uniform/costume fee. Without this, students will be unable to participate in the festival.
- In case of absence or program cancellation, please contact:

#### extraescolares@hamelinschool.com / sports@hamelinchool.com

• Enrolling in activities implies acceptance of these terms.

## SCHEDULES

## EXTRA CURRICULAR ACTIVITIES

#### **EARLY YEARS**

#### **RECEPTION TO YEAR 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:30 - 13:30	kUMON (Reception and Year 1)		kUMON (Reception and Year 1)		
15:00-16:00					JUDO
15:00-17:00					HLIS FOOTBALL ACADEMY (Y2)
	MINDFULNESS (Year 2)	BODY EXPRESSION – DANCE		BODY EXPRESSION – DANCE	
16:00 - 17:00	RHYTHMIC GYMNASTICS	TAEKWONDO	RHYTHMIC GYMNASTICS	TAEKWONDO	
	BALLET BEGINNERS	SKATING – BEGINNER LEVEL	BALLET BEGINNERS	SKATING – BEGINNER LEVEL	
	KUMON	ROBOTIC (Year 2) *17:30h	KUMON		
	HLIS KIDS FOOTBALL ACADEMY (REC-YI)	BALLET BEGINNERS	HLIS KIDS FOOTBALL ACADEMY (REC-YI)	BALLET BEGINNERS	
	HLIS BASKETBALL ACADEMY (YI-Y2)	HLIS VOLLEYBALL ACADEMY (Y1-Y2)	HLIS BASKETBALL ACADEMY (Y1-Y2)	HLIS VOLLEYBALL ACADEMY (Y1-Y2)	
17:15 - 18:15	ADVANCED SKATING (ONLY YEAR 2)	HLIS FOOTBALL ACADEMY (Y2) 17:15-18:30	ADVANCED SKATING (ONLY YEAR 2)	HLIS FOOTBALL ACADEMY (Y2) 17:15-18:30	
	BALLET C1 (Year 2) JUDO	HLIS SPORTS ACADEMY FOR KIDS (REC-YI)	BALLET C1 (Year 2)	HLIS SPORTS ACADEMY FOR KIDS (REC-YI)	



#### **PRIMARY**

#### YEAR 3 AND YEAR 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15:00-16:00					JUDO
15:00-17:00					HLIS FOOTBALL ACADEMY (Y3)
16:00-18:00					HLIS FOOTBALL ACADEMY (Y4)
16:00 - 17:00	MINDFULNESS	ROBOTIC *17:30h	ANIME		TAEKWONDO (COMPETITION GROUP ONLY)
	KUMON		KUMON		
	BALLET C1	URBAN DANCE	BALLET C1	URBAN DANCE	
	ADVANCED SKATING	TAEKWONDO	ADVANCED SKATING	TAEKWONDO	
17:15 - 18:15	JUDO	BEGINNERS SKATING	COMIC CORNER	BEGINNERS SKATING	
	RHYTHMIC GYMNASTICS	HLIS VOLLEYBALL ACADEMY (Y3-Y4)	RHYTHMIC GYMNASTICS	HLIS VOLLEYBALL ACADEMY (Y3-Y4)	
	HLIS BASKETBALL ACADEMY (Y3-Y4)		HLIS BASKETBALL ACADEMY (Y3-Y4)		
17:15 - 18:30	HLIS FOOTBALL ACADEMY (Y4)	HLIS FOOTBALL ACADEMY (Y3)	HLIS FOOTBALL ACADEMY (Y4)	HLIS FOOTBALL ACADEMY (Y3)	

#### YEAR 5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15:00-16:00					JUDO
15.00 15.00					HLIS VOLLEYBALL ACADEMY (Y5)
15:00-17:00					HLIS BASKETBALL ACADEMY (Y5)
					HLIS FOOTBALL ACADEMY (Y5)
16:00 - 17:00	MINDFULNESS	ROBOTIC *17:30h	ANIME KUMON		TAEKWONDO (COMPETITION GROUP ONLY)
	KUMON  RHYTHMIC GYMNASTICS	URBAN DANCE	RHYTHMIC GYMNASTICS	URBAN DANCE	CHOREOGRAPHY (ONLY FOR BALLET C2 STUDENTS)
17:15 - 18:15	JUDO	TAEKWONDO	COMIC CORNER	TAEKWONDO	
	ADVANCE SKATING	BEGINNERS SKATING	ADVANCE SKATING	BEGINNERS SKATING	
17:15 - 18:30	HLIS BASKETBALL ACADEMY (Y5)	HLIS VOLLEYBALL ACADEMY (Y5)	HLIS BASKETBALL ACADEMY (Y5)	HLIS VOLLEYBALL ACADEMY (Y5)	
		HLIS FOOTBALL ACADEMY (Y5)		HLIS FOOTBALL ACADEMY (Y5)	
17:15 - 18:45		CONTEMPORARY DANCE	(	CONTEMPORARY DANCE	
		BALLET C2		BALLET C2	

#### YEAR 6 AND YEAR 7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15:00-16:00					JUDO
15:00-17:00					HLIS VOLLEYBALL ACADEMY (Y6 & Y7) HLIS BASKETBALL ACADEMY (Y6 & Y7)
16:00-18:00					HLIS FOOTTBALL ACADEMY (Y6 & Y7)
16:00 - 17:00	MINDFULNESS KUMON	ROBOTIC *17:30h	ANIME KUMON		TAEKWONDO (COMPETITION GROUP ONLY)
	RHYTHMIC GYMNASTICS	TAEKWONDO	GIMNASIA RITMICA	TAEKWONDO	CHOREOGRAPHY (ONLY FOR BALLET C2 STUDENTS)
17:15 -18:15	ADVANCE SKATINHG	BEGINNERS SAKTING	ADVANCE SKATINHG	BEGINNERS SAKTING	
	JUDO	URBAN DANCE	COMIC CORNER	URBAN DANCE	
	HLIS BASKETBALL ACADEMY (Y6 & Y7)	HLIS VOLLEYBALL ACADEMY (Y6 & Y7)	HLIS BASKETBALL ACADEMY (Y6 & Y7)	HLIS VOLLEYBALL ACADEMY (Y6 & Y7)	
17:15 - 18:30	HLIS FOOTBALL ACADEMY (Y6 & Y7)		HLIS FOOTBALL ACADEMY (Y6 & Y7)		
17:15 - 18:45		CONTEMPORANY DANCE BALLET C2		CONTEMPORANY DANCE BALLET C2	
18:15 - 19:45	ADVANCED BALLET		ADVANCED BALLET		COREOGRAPHY (Only for Ballet advance students)
18:45 - 20:15		ADVANCED BALLET		ADVANCED BALLET	



#### **SECONDARY**

#### YEAR 8 TO YEAR 11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					HLIS FOOTBALL ACADEMY (Y8 - Y11)
15:00 - 17:00					HLIS VOLLEYBALL ACADEMY
					HLIS BASKETBALL ACADEMY (Y8 & Y9)
16:00-17:00	JUDO				JUDO
16:00-18:00					HLIS BASKETBALL ACADEMY (Y10-Y11)
17:15 - 18::30	HLIS BASKETBALL ACADEMY (Y8 & Y9)	HLIS VOLLEYBALL ACADEMY	HLIS BASKETBALL ACADEMY (Y8 & Y9)	HLIS VOLLEYBALL ACADEMY	
17:15 - 18:45		CONTEMPORANY DANCE		CONTEMPORANY DANCE	
18:15 - 19:45	ADVANCED BALLET		ADVANCED BALLET		COREOGRAPHY (Only for Ballet advanced students)
18:30-20:00	HLIS BASKETBALL ACADEMY (Y10 & Y11)		HLIS BASKETBALL ACADEMY (Y10 & Y11)		
18.30-20.00	HLIS FOOTBALL ACADEMY (Y8 - Y11)		HLIS FOOTBALL ACADEMY (Y8 - Y11)		
18:45 - 20:15		ADVANCED BALLET		ADVANCED BALLET	

#### **SECONDARY**

#### YEAR 12 TO YEAR 13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16:00-17:00	JUDO				JUDO
17:15 - 18:45			CONTEMPORANY DANCE		CONTEMPORANY DANCE
18:15 - 19:45	ADVANCED BALLET		ADVANCED BALLET		COREOGRAPHY (Only for Ballet advanced students)
18:45 - 20:15		ADVANCED BALLET		ADVANCED BALLET	

#### **MUSIC SCHEDULE**

#### YEAR 2 TO YEAR 13

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16:00-17:00	COMBO/BAND (PRIMARY)	COMBO/BAND (ESO+BACHILLERATO)	COMBO/BAND (PRIMARIA)	COMBO/BAND (ESO+BACHILLERATO)	
17:00-18:00	MUSIC THEORY – 1 GROUP (30 MIN) INDIVIDUAL CLASSES (30 MIN) – 3 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	MUSIC THEORY – 1 GROUP (30 MIN) INDIVIDUAL CLASSES (30 MIN) – 3 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	MUSIC THEORY – 1 GROUP (30 MIN) INDIVIDUAL CLASSES (30 MIN) – 3 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	MUSIC THEORY – 1 GROUP (30 MIN) INDIVIDUAL CLASSES (30 MIN) – 3 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	
18:00-19:00	INDIVIDUAL LESSONS (1 HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	INDIVIDUAL LESSONS (I HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	INDIVIDUAL LESSONS (I HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	INDIVIDUAL LESSONS (1 HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	
19:00-20:00	INDIVIDUAL LESSONS (1 HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	INDIVIDUAL LESSONS (I HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	INDIVIDUAL LESSONS (I HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	INDIVIDUAL LESSONS (I HOUR) – 2 CLASSES INDIVIDUAL LESSONS (30 MIN) – 2 CLASSES	

#### **ADULTS**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 - 10:30	YOGA (9:00 - 10:45)	WORKOUT BARRAS	YOGA (9:00 - 10:45)	WORKOUT BARRAS	
15:00 - 16:00			MINDFULNESS (15:30 - 16:30)	YOGA	
16:00 - 17:00	BALLET CLASIC		BALLET CLASIC		BALLET CLASIC
Music lessons are also available for adults. Please contact us at <u>albert.munoz@hamelinschool.com</u> for availability and options.					

# 2 SPORTS

## FOOTBALL

#### **HLIS Football Academy**

Be part of the game – learn, grow, and have fun!

Our programme, led by professional coaches, is designed to help each student learn and progress through clear and achievable goals.
We foster a positive, dynamic, and energetic environment where every boy and girl can develop their technical, tactical, and physical skills while having fun and building confidence.

But football is more than just a sport: it's about teamwork, respect, effort, and perseverance. In every training session, we reinforce values that students can apply both on and off the field—in their daily lives and within their communities.



#### **SCHEDULES AND FEES**

•

HLIS Kids Football Academy (Nursery, Reception & Year 1)

Monday and Wednesday from 17:15 to 18:15

#### **HLIS Football Academy (S7 and S8)**

(Year 2 & Year 3) Tuesday and Thursday from 17:15 to 18:30 Friday from 15:00 to 17:00

#### **HLIS Football Academy (S9)**

(Year 4)

Monday and Wednesday from 17:15 to 18:30 Friday from 16:00 to 18:00

#### **HLIS Football Academy (S10)**

(Year 5)

Tuesday and Thursday from 17:15 to 18:30 Friday from 15:00 to 17:00

#### **HLIS Football Academy (S11 and S12)**

(Year 6 & Year 7)

Monday and Wednesday from 17:15 to 18:30 Friday from 15:00 to 18:00

**HLIS Football Academy** (Year 8 - Year 11) Monday and Wednesday from 18:30 to 20:00 Friday from 15:00 to 17:00

#### Fees:

- HLIS Kids Football Academy: €178 per term
- HLIS Football Academy (S7 and S8): 238€ per term
- HLIS Football Academy (S9 and S10): 238€ per term
- HLIS Football Academy (S11 and S12): 276€ per term
- FCF Youth Team: 276€ per term

Mandatory equipment: HLIS Sports Academy uniforms.

For more information:
Maria Martorell
Head of Sports Academy
sports@hamelinschool.com

## BASKETBALL

HLIS Basketball Academy

Step onto the court, learn, grow, and become your best self!

Our programme, led by professional coaches, is designed to help each student develop their game with clear and progressive goals.

We create an active, positive, and motivating environment where boys and girls can improve their technique, coordination, and game vision—all while enjoying every training session.

But basketball is more than just scoring points: it's about commitment, teamwork, leadership, and effort. Each session strengthens values that will support them both in sports and in everyday life.



#### **SCHEDULES AND FEES**

#### **HLIS Basketball Academy**

(Year 1 – Year 4) Monday and Wednesday from 17:15 to 18:15

#### **HLIS Basketball Academy**

(Year 5 – Year 9) Monday and Wednesday from 17:15 to 18:30 Fridays from 15:00 to 17:00

#### **HLIS Basketball Academy HS**

(Year 10 – Year 11) Monday and Wednesday from 18:30 to 20:00 Fridays from 16:00 to 18:00

#### **TERM FEE**

HLIS Basketball Academy (Year 1 – Year 4): 178€/term HLIS Basketball Academy (Year 5 – Year 11): 238€/term

\*Federation fee not included)

**Mandatory equipment:** HLIS Sports Academy uniforms.

For more information:
Maria Martorell
Head of Sports Academy
sports@hamelinschool.com



## VOLLEYBALL

#### **HLIS Volleyball Academy**

Jump, spike, and grow with every play!

Volleyball is much more than a sport: it's energy, strategy, and teamwork. It helps build self-confidence, boosts self-esteem, and enhances key skills such as coordination, balance, focus, and reaction speed.

It also fosters camaraderie and provides great physical and emotional benefits. This year, we will compete in the school league.

Join the team and feel the passion of volleyball!



#### **SCHEDULES AND FEES**



HLIS Volleyball Academy (Year 1 – Year 4) Tuesday and Thursday from 17:15 to 18:30

HLIS Volleyball Academy (Year 5 – Year 12) Tuesday and Thursday from 17:15 to 18:30 Friday from 15:00 to 17:00

#### TERM FEE

**HLIS Volleyball Academy** (Year 1 – Year 4): 198€/term

**HLIS Volleyball Academy** (Year 5 – Year 12): 238€/term (\*Federation fee not included)

**Mandatory equipment:** HLIS Sports Academy uniforms.

For more information:
Maria Martorell
Head of Sports Academy
sports@hamelinschool.com

## TAEKWONDO

#### **EARLY YEARS**

We will introduce our youngest students to martial arts through a combination of exercises and activities, using play, motivation, and discipline.



#### SCHEDULES AND FEES

(Reception - Year 2) Tuesday and Thursday from 16:00 to 17:00

(Year 3 - Year 7) Tuesday and Thursday from 17:15 to 18:15

**COMPETITION:** Friday from 16:00 to 17:00

OUARTERLY FEE: 216€

#### MANDATORY EQUIPMENT:

Dobok (white kimono), provided by the instructor and available at the school shop (not included in the fee)

For more information:
Francis Ochoa
Extracurricular Coordinator
extraescolares@hamelinschool.com

#### **PRIMARY**

Taekwondo is a martial art that offers comprehensive training—both physical and mental. This discipline teaches self-control and promotes effective focus and discipline.

Participants will receive an official certification endorsed by the Spanish Taekwondo Federation.

## JUDO

#### **Judo HLIS con Mireia Lapuerta**

Discipline, strength, and confidence in every move!

Judo is a martial art that strengthens both body and mind. Through respect, self-control, and perseverance, our students develop physical and emotional skills that will last a lifetime.

This year, we have a unique opportunity: Mireia Lapuerta, current member of the Spanish senior national team and one of the top 50 judokas in the world, will lead the classes alongside the coaches from her club, IPPON+9.

A high-level experience in a safe, motivating environment filled with values.

#### **SCHEDULES AND FEES**



#### **SCHEDULES**

(Reception - Year 7) Monday from 17:00 to 18:15 Friday from 15:00 to 16:00

**(Year 8 - Year 13)**Monday from 16:00 to 17:00
Friday from 16:00 to 17:15

TERM FEE: 216€

#### **MANDATORY EQUIPMENT**

Students must order their judogi at the time of registration to ensure they have it at the start of the course.
(\*Not included in the term fee)

Below are the available sizes (based on the student's height in centimeters):

- 110–140 cm
- 150 cm or more

These are high-quality judogis, suitable for judo training.

Please indicate the desired size by sending an email to: <a href="mailto:sports@hamelinschool.com">sports@hamelinschool.com</a>



## HLIS SPORTS ACADEMY FOR KIDS

Discover sports through play, learning, and fun!

At the HLIS Sports Academy for Kids, our youngest students have the chance to take their first steps into the world of sports in a fun and stimulating way.

Through play and exploration, they are introduced to three exciting disciplines: volleyball, football, and basketball.

Each session is designed so that boys and girls naturally learn the basic concepts of each sport while moving, laughing, and making new friends.

Our goal is to spark their curiosity, improve their coordination, and promote values such as teamwork, respect, and self-confidence.

#### **SCHEDULES AND FEES**

(Nursery, Reception & Year 1)

Tuesday and Thursday de 17:15 - 18:15

#### TERM FEE:

- 1 day for week: 115€
- 2 days for week: 178€

Mandatory equipment: HLIS Sports Academy uniforms.





## ROLLER SKATING

Roller skating is a recreational activity and a healthy, fun sport that greatly improves coordination and balance.

Our students will practice these skills by learning different routines and tricks on four-wheel skates.

Various technical elements are combined, such as jumps, spins, steps, and figures on skates, usually accompanied by musical rhythm.



#### **SCHEDULES AND FEES**



**Beginner Skating** (Recpetion - Year 2) Tuesday and Thursday from 16:00 to 17:00

**Beginner Skating** (Year 3 - Year 7) Tuesday and Thursday from 17:15 to 18:15

Advanced Skating (Year 2 - Year 7)
Monday and Wednesday from 17:15 to 18:15

#### TERM FEE

Roller Skating (all levels) 1 day per week: 96€ / 2 days per week: 199€

#### **REQUIRED EQUIPMENT**

Four-wheel skates Protective gear: Helmet, elbow pads, knee pads, and wrist guards Comfortable clothing

For more information:
Francis Ochoa
Extracurricular Coordinator
extraescolares@hamelinschool.com

## RHYTHMIC GYMNASTIC

Rhythmic gymnastic is a sport discipline that combines elements of ballet, dance, and gymnastics.

It enhances spatial awareness as students develop routines at different speeds and with various musical variations.

This activity stimulates body awareness, improves balance, increases cardiovascular endurance, and strengthens muscles.

We also emphasize creative expression through routines.

#### **SCHEDULES AND FEES**

(Reception - Year 2) Monday and Wednesday from 16:00 to 17:00

(Year 3 to Year 7) Monday and Wednesday from 17:15 to 18:15

#### TERM FEE 199€

MANDATORY EQUIPMENT School leotard (available for purchase at the school shop) Gym shoes

For more information:
Francis Ochoa
Extracurricular Coordinator
extraescolares@hamelinschool.com



## YOGA KUNDALINI

Kundalini is a style known as the yoga of awareness, recognized as one of the oldest and most powerful yoga practices.

It is considered one of the most spiritual styles, with a strong emphasis on meditation. The practice includes breathing exercises and mantras, along with dynamic physical movements designed to mobilize energy.

#### **SCHEDULES AND FEES**

Adults:

Monday and Wednesday from 09:00 to 10:30 Thursdays from 15:00 to 16:00

TERM FEE

299€

#### REQUIRED EQUIPMENT

- Comfortable clothing
- Personal yoga mat

For more information: <a href="mailto:extraescolares@hamelinschool.com">extraescolares@hamelinschool.com</a>





### **MINDFULNESS**

These classes focus on working with emotions through mindfulness techniques and relaxation tools. They help redirect emotions and address individual needs, teaching participants how to release stress and enter moments of calm when necessary.

The class is conducted through individual and group activities and will be adapted to the needs proposed by the participants themselves.





### **WORKOUT BARRAS**

Based on a dynamic and challenging workout that combines elements of Pilates, ballet, and strength training to create a complete and effective exercise experience.

During the class, you can work with equipment such as resistance bands, Pilates balls, and your body weight to tone legs, glutes, arms, and abs. With lively and energetic music that will keep you motivated and inspired.



## SCHEDULES AND FEES Adults: Tuesday and Thursday from 09:00 to 10:00 TERM FEE 210€ REQUIRED EQUIPMENT • Comfortable clothing

# PERFORMING ARTS

## CLASSICAL BALLET

Ballet is a classical dance based on physical, interpretative, and experiential disciplines.

It is a great activity for the psychomotor, emotional, and artistic-creative development of both children and adults.

Ballet helps raise awareness of body posture, increases flexibility and coordination, and stimulates conscious breathing.



#### **SCHEDULES AND FEES:**

Beginner Ballet (Reception - Year 2) Monday and Wednesday from 16:00 to 17:00

Beginner Ballet (Reception - Year 2) Tuesday and Thursday from 17:15 to 18:15

Consolidation Ballet 1 (Year 2 - Year 4) Monday and Wednesday from 17:15 to 18:15

Consolidation Ballet 2 (Year 5 - Year 7) Tuesday and Thursday from 17:15 to 18:45

Advanced Ballet (Year 5 - Year 13) Monday and Wednesday from 18:15 to 19:45 Tuesday and Thursday from 18:45 to 20:15

#### Adult Ballet:

Monday, Wednesday, and Friday from 16:00 to 17:00

#### TERM FEE

Beginner & Consolidation 1 Ballet: 199€

Consolidation 2 Ballet: 303€ Advanced Ballet: 408€ Adult Ballet: 298€

#### STUDENT REQUIREMENTS:

School leotard mandatory (available at the school shop)
Ballet shoes
Salmon-colored tights
Hair accessories for bun (hair tie, pins, net, and comb)

#### ADULT REQUIREMENTS:

- Comfortable clothes for practice
- Ballet shoes
- Hair tied back

### CONTEMPORARY DANCE

Contemporary dance has its roots in classical ballet but combines the freedom and abstraction of movement.

Although technically demanding, contemporary dance also allows for free interpretation and improvisation, encouraging the spontaneous creation of movement.

It helps develop awareness of body posture, increases flexibility and coordination, and stimulates conscious breathing.





## URBAN DANCE

Urban dance is a style that blends various forms of street dance, such as hip-hop, heels, girls' style, and urban pop, among others.

In urban dance, it is essential to memorize choreographies, play with movement repetition, and achieve musical precision—all set to the most current music tracks.

#### **SCHEDULES AND FEES:**

(Year 3 - Year 7) Tuesday and Thursday from 17:15 to 18:15

TERM FEE 199€

REQUIRED MATERIAL Comfortable clothing Socks Hair tie





### **BODY EXPRESSION- DANCE**

#### **SCHEDULES AND FEES:**

(Reception - Year 2) Tuesday and Thursday from 16:00 to 17:00

TERM FEE 199€

REQUIRED EQUIPMENT Comfortable clothing Hair tie Body Expression is a non-verbal form of communication used to express emotions, ideas, and inner states.

In educational and artistic settings, it promotes the holistic development of individuals, enhancing creativity, self-esteem, and connection with others.

This discipline is based on free, conscious, and expressive movement, with a strong focus on the connection between body and emotion.

It is founded on the belief that everyone can communicate through movement, with no need for prior dance experience or technical skills.

# 4 ARTS

## **COMIC CORNER**

Let's create stories through drawing! Dive into the world of comics and manga as we develop characters, storylines, and illustrations.

We'll encourage imagination and creative expression by illustrating stories using a variety of techniques adapted to all skill levels.

#### SCHEDULES AND FEES:

(Year 3 - Year 7) Wednesday from 17:15 to 18:15

TERM FEE 165€





### **ANIME**

Anime, unlike other forms of animation, is known for its distinctive visual features such as large, expressive eyes, extravagant hairstyles, and detailed gestures and facial expressions.

These characteristics create a unique aesthetic that sets anime apart from other types of animation. Get inspired to create imaginative characters and stories with this popular medium.

#### **SCHEDULES AND FEES:**

(Year 3 - Year 7) Wednesday from 16:00 to 17:00

TERM FEE 165€.



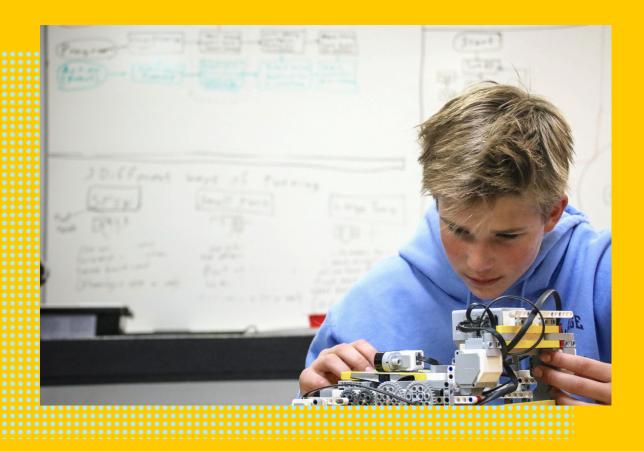
# 5 STEAM

## ROBOTICS

In this activity, we explore robotics from an educational perspective, using various materials such as Lego Wedo robots, Mindstorms, mBot, and more.

We learn to program different machines and video games in a fun and engaging way.

## SCHEDULES AND FEES (Year 2 - Year 7) Tuesday from 16:00 to 17:30h QUARTERLY FEE 238€



# 6 MUSIC

## **MUSIC CLASSES**

ACTIVITY	GRADE	TERM FEE	SCHEDULE
		191€	30 minutes per week
Individual instrument lessons (piano, guitar, drums, bass)*	Y1 - Year 13	286€	30 minutes of music theory + 30 minutes of instrument lessons per week
		381€	1 hour per week
Combo/Band (musical groups with guitar, piano, drums)*	Year 2 - Year 13 (2 to 6 students)	95€	1 hour per week
Music Theory	Y2 - Year 13	80€	30 minutes per week
Music Theory	(1 a 6 students)	159€	1 hour per week

Music classes for **parents and adults** will also be available.

For more information, please email Albert Muñoz. Music Coordinator <u>albert.munoz@hamelinschool.com</u>



## DESCRIPTION

INDIVIDUAL INSTRUMENT LESSONS	*Private lessons are offered for the following instruments: piano, drums, electric guitar, classical guitar, electric bass, and ukulele. Classes can be 30 minutes or 1 hour per week. Ideal for in-depth, personalized instrument learning.
INDIVIDUAL INSTRUMENT LESSONS + MUSIC THEORY CLASSES	There is the possibility to complement individual instrument lessons with a music theory group class. This is an almost essential addition for a deeper and better understanding of the instrument itself and to explore something fascinating: ¡how music works!. Students will learn to read musical notes, sing, and train their ear
Combo / Band	*These combo classes are designed for students eager to form a band! The possibilities are endless: groups made up of piano, guitar, drums, bass, and vocals; groups with two or three guitars; drum and guitar duos; piano and vocals. These classes can perfectly complement individual instrument lessons, with just one mandatory rule: ¡the desire to learn and play songs together as a group!.

For more information, please email Albert Muñoz, Music Coordinator <u>albert.munoz@hamelinschool.com</u>



## 7 KUMON

### **KUMON**

#### SCHEDULE & FEES

(Reception - Year 1) Monday & Wednesday — 12:30 to 13:30

(Year 2 - Year 7) Monday & Wednesday — 16:00 to 17:00

#### MONTHLY FEE

80€ enrollment fee 75€ monthly tuition

#### **INFORMATION & CONTACT**

Email: <u>claudia.vila@kumon.org</u> Phone: +34 658 80 43 31 The Kumon programs are designed to help children of all ages and abilities excel in their academic activities. They provide students with the tools they need to develop a love for studying, learning, and achieving academic success.

THIS ACTIVITY IS COORDINATED BY: Claudia Vilar – please sign up with us and pay KUMON directly.





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