



# SPORTS SUMMER CAMP 2026

## IMPORTANT INFORMATION

**To enroll your child in the Summer Camp, you must fill out the form (QR code at the end of the document).**

**Places will not be reserved without having received the full payment in advance.**

## WE OFFER THE FOLLOWING ACTIVITIES DURING THE WEEK?

### Football Camp

Players will work on their technique in passing, dribbling, shooting, and defending, while developing tactical awareness through small-sided games. Physical sessions will focus on speed, agility, and coordination, supported by mental skills training in focus, teamwork, and decision-making.

### Basketball Camp

Students will strengthen their fundamentals—ball handling, shooting, and defensive play—while exploring in-game strategies. Physical conditioning will target explosiveness and reaction time, with dedicated time for mindset development, including resilience and confidence under pressure.

### Volleyball Camp

Participants will build essential skills such as serving, setting, and attacking, alongside tactical drills that enhance court positioning and teamwork. Athletic training will centre on jump power and upper body strength, complemented by mental coaching to foster communication and focus.



## WHAT DOES A TYPICAL DAY LOOK LIKE?

EARLY YEARS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8:00</b>	Morning Childcare Service	Morning Childcare Service	Morning Childcare Service	Morning Childcare Service	Morning Childcare Service
<b>9:00</b>	Training Session	Training Session	Training Session	Training Session	Field Trip
<b>10:30</b>	Breakfast	Breakfast	Breakfast	Breakfast	
<b>11:00</b>	Team Competition	Team Competition	Swimming Pool	Team Competition	
<b>12:00</b>	Water Games	Water Games	Swimming Pool	Water Games	
<b>13:30</b>	Lunch	Lunch	Lunch	Lunch	
<b>14:30</b>	Padel Tennis	Paddle Surf, Kayak and Sailing	Alternative Sports	Movie	
<b>15:30</b>	Competition (Matches)	Paddle Surf, Kayak and Sailing	Team Competition	Competition (Matches)	
<b>16:45</b>	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack	
<b>17:00</b>	Pick-up	Pick-up	Pick-up	Pick-up	Pick-up

*Timetables are approximate and may be subject to modification or change.*

## WHAT FIELD TRIPS ARE SCHEDULED AND WHERE?

Every Friday, we'll embark on exciting adventures. These outings and events are designed to add an extra dose of fun to our summer camp experience.

- **July 3 – Canal Olímpic**
- **July 10 – Catalunya en Miniatura**
- **July 17 – Marineland**
- **July 24 – Water World (Costa Brava)**
- **July 31 – Summer Party**



## IS THERE A MENU FOR VEGETARIANS, CELIACS, OR THOSE WITH INTOLERANCES?

Yes. Special menus are offered in case of intolerances or allergies. Lunch and afternoon snacks are included in the price.

## WHAT LANGUAGES CAN YOU IMMERSE YOURSELF IN AT OUR SUMMER SPORTS CAMPS?

Spanish, English, and Catalan are the languages offered in our Summer Sports Camps at the school.

## WHAT TO BRING

All materials, activities and outings are included in the weekly price. The campers should only bring:

- Breakfast
- Water bottle
- Comfortable clothes and shoes
- Swimsuit/towel for the pool days and water games days

We will provide students with our summer camp t-shirt and cap which they will need to wear on outings.

## ANY QUESTIONS?

Contact our Summer Camp coordinators:  
[\*\*extraescolares@hamelinschool.com\*\*](mailto:extraescolares@hamelinschool.com)



**REGISTER  
TODAY!**